

**Nijampur-Jaitane Shikshan Prasarak Mandal's**  
**JAGANNATH KADWADAS SHAH ADARSH COLLEGE**

**Nijampur-Jaitane, Tal-Sakri, Dist. – Dhule**  
**NAAC Reaccredited**

**One Day National Level Webinar on Yuvati Personality Development**  
**12 May 2021**  
**Report**

**Dr.Priyanka P.Sulakhe**  
**Co-coordinator**

**Dr.Ashok P.Khairnar**  
**Principal**

# Yuwati Personality Development Webinar 2020-2021

Nijampur-Jaitane Shikshan Prasarak Mandal's  
Jagannath Kadwadas Shah Adarsh College  
Nijampur-Jaitane, Tal.Sakri, Dist- Dhule

One Day National Level Webinar on  
Yuwati Personality Development



12 May 2021

## Chief Guest



**Inaugural Guest**  
**Hon. Prof. Dr. Preeti Agarwal**  
Vice Chancellor of G.H. Raisoni  
University, Amravati

## Resource Person



**Session -I**  
**Name – Mrs. Daivata Patil**  
Faculty Member  
Dept. of Communication & Journalism  
University of Mumbai  
**Topic – Self Grooming and Personality  
Development**



**Valedictory Speaker**  
**Hon. Prof. Dr. Lata More**  
Former Dean and Senate Member  
(K.B.C.N.M.U Jalgaon)  
Principal of Shri S.H. Nail College of  
Education Navapur



**Session -II**  
**Name - Dr. Neetu Joshi**  
Assistant Professor,  
B.C.P.A's college of Physical Education,  
Wadala Mumbai  
**Topic – Stress Management**



**Organizer**  
**Hon. Dr. Ashok P. Khairnar**  
Principal, N.J.S.P. Mandal, Jagannath  
Kadwadas Shah Adarsh College  
Nijampur-Jaitane



**Session -III**  
**Name - Dr. Madhuri Sadgir**  
Assistant Professor,  
Dept. of Physical Education University of  
Mumbai  
**Topic – Digital Tools of  
Education**

### \*Important Note

- ❖ There is no Registration fee for the Webinar
- ❖ Webinar will be conducted through Zoom App
- ❖ Before submission of Registration form Join the What's app group for further updates and certificate.
- ❖ Link will be given on What's app group before 1 day of the Webinar time
- ❖ Feedback link will be provided to the participant on What's app
- ❖ E-certificate will be issued to only those participants who attend the entire program and submit the Feedback form

Coordinator  
Dr. Priyanka P. Sulakhe

Convener  
Dr. K.D. Sonawane

Organizer  
Prin. Dr. Ashok P. Khairnar

\*In case of query please contact us at -Dr. Priyanka P. Sulakhe 8329586336, 8007983698

## Yuwati Personality Development Webinar 2020-2021

Time

3.00 p.m. to 5.30 p.m.

### National Webinar Programme Schedule

12 May 2021

Time	Programme	Resource Person	Topic
3.00 p.m. to 3.30 p.m.	Inaugural Ceremony	Hon. Prin.Dr.A.P.Khairnar	Introductory Note
		Hon.Prof.Dr.Preeti Agarwal	Inaugural Speech
3.30 p.m. to 4.00 p.m.	Session I	Hon.Mrs.Daivata Patil	Self Grooming and Personality Development
4.00 p.m. to 4.30 p.m.	Session II	Hon.Dr. Neetu Joshi	Stress Management
4.30 p.m. to 5.00 p.m.	Session III	Hon. Dr. Madhuri Sadgir	Digital Tools of Education
5.00 p.m. to 5.30 p.m.	Valedictory Function	Hon.Prof.Dr.Lata More	Valedictory Chief Guest Speech



**Report of One Day National Level Webinar on Yuwati  
Personality Development dated on  
12/05/2021**

**Objectives**

- Explain the role of young women in social change
- To build confidence in young women. To develop leadership qualities in young women.
- To develop the personality of young women.
- To make young women aware of the political arena.
- Advancing young women in technology.

Kavayitri Bahinabai Chaudhari North Maharashtra University Jalgaon, Department of Student Development and Jagannath Kadwadas Shah Adarsh, Nijampur- Jaitane jointly organized a one day National Level Seminar on Yuwati Personality Development at 12/05/2021. The inaugural function of this webinar was inaugurated by the Hon. Prof. Dr. Preeti Agarwal, Vice Chancellor of Prof.G.H. Rasoni, Amravati University, valedictory speaker Hon. Prof.Dr. Lata More, Resource person Mrs. Daivata Patil, Hon. Dr. Neetu Joshi. Dr. Madhuri Sadgir, Principal of the College Dr. Ashok P. Khairnar, all the teaching and non-teaching staff as well as students from various universities and different states were present.

A total of 227 students from various states and universities participated in this online webinar. The program started with lightening of lamp and Saraswati Pujan.

The introductory speech of the webinar was made by Dr. Ashok Khairnar, Principal of the College. In his introductory remarks, the Principal said that many initiatives for women empowerment have been implemented in the colleges for many years now. He informed about the various initiatives run by the college for women and girls for many years, about the Maharashtra State Government's Jagar Jaanivan award received by the college. These activities are organized every year with the objective of not only the intellectual development of the girls but also their holistic development, said Saran.

The program was inaugurated by Hon. Prof. Dr. Preeti Agarwal delivered the inaugural address. Gender inequality is felt in every element of the society by paying attention to the small things as a whole. From an early age, boys are taught that boys should work outside the home and girls should cook. Society itself has created the framework of gender inequality. We too have accepted it. We ourselves often admit that I am a woman and I cannot do this but we have to change our mindset. Instead of trying to recover, we wallow in our sadness and thus, experience more failure. In general, in every field of education, these girls are the ones who get good marks, but we have to consider for ourselves that where there are job opportunities or where there is an need to do administrative work, there are more men. That is to say, every woman has potential but she does not give up her potential anywhere, he said. If a woman does not recognize the potential of a woman and does not give her space, then we do not expect equality from others. We have to create that equality ourselves. Education is a big help in understanding all these things.

Every girl should take education. Education makes a big radical change in your personality so it gives you a new vision to find positivity in everything. Girls should start making gender equality in the society on their own. Girls need to decide for themselves that they want equality and start with

themselves. I am a girl, I am a woman, I have to build self-confidence that I can do everything, so that we can change the gender inequality in the society, said Ms. Agarwal. Prof. Dr. Preeti Agarwal gave a very small example to show the inequality in the society and also how much potential women have and she can write her own future. She also made an admirable statement after seeing the overwhelming response of the girls for this webinar.

The coordinator of the webinar, Dr. Priyanka Sulakhe, thanked Dr. Preeti Agarwal for her invaluable time. Mrs. Daivata Patil Madam gave guidance on Cell Grooming and Personality Development. Gender inequality is deeply rooted in every element of society and it is not easy to change it. For that, it is very important to know yourself first. How we define ourselves is very important. Three things are very important in myself. What am I? How can someone look at me? And how do I look at someone? These things are very important. How to present yourself in front of someone is very important. Behaving according to the expectations of others means hiding one's own personality somewhere. We must act as we are. It causes radical changes in our personality. Behaving as we are is your true personality and behaving the way others want is your artificial personality.

So it is up to you to decide whether your personality is artificial or not. The first step is to decide what you expect from yourself. Whatever you do for yourself, whatever you decide, you have to decide for yourself. "Don't let anyone decide your own life," he said. The positivity in your thoughts reflects your personality. Having a positive atmosphere around you will automatically build your confidence. He said that reading a good book contributes a lot in shaping one's personality. A person can pay full attention to any one task at a time. If you try to do many tasks at the same time, you cannot devote as much time or attention to a particular task, so there is no accuracy in it. It is important to do any work on

time to make one's personality positive. Girls need to learn to express themselves, their thoughts, to say no to wrong things, to do what they think is right without thinking about what someone will say or think about me. Madam asserts that this helps to create positivity in her personality. Your personality is very important when you are working or working in any field. How you stand, how you speak, how you dress is very important. Madam, in her demonstrative form, she explained how to have a personality, how to speak, how to walk.

The keynote speaker of the second session was Hon. Neetu Joshi gave guidance on Stress Management. What is stress? He gave in-depth guidance on this. Stress has a positive effect on your personality up to a certain level but if it increases too much it has a negative effect on your personality. There is a lot of stress in the student body and in the current situation there is an examination environment and on the one hand there is a time of lockdown due to corona. One should never compare one's own situation with another's. Being positive in what you have, rather than thinking that I have it and she has it, creates positivity in the personality. Don't imitate anyone's personality. There is always an atmosphere of stress in daily life. One should be able to keep a balance between everything. This helps to reduce stress. He said that in order to reduce stress, it was important to plan ahead and prioritize important things. Managing time, focusing more on important tasks and doing all the work on time without delay, creating a specific schedule for each component so that we can do maximum work using minimum energy. It is very important to talk to yourself to relieve stress.

In stressful situations it is very important to find out what is causing you stress and talking to yourself gives you the answers to many things. We need to be able to set our own goals and reach that goal by measuring each step, managing the work to reach that goal. He asserted that by considering all these factors, stress can be eliminated and an effective personality can be developed.

The keynote speaker of the third session was Hon. Madhuri Sadgir guided the students on Digital Tools in Education. He highlighted the features of Word File in a practical way and how it can be used. Teaching in the field of education can be made more effective by using such different digital tools in the field of education."Corona has taken us more towards digital literacy and it is very important to digitalize ourselves in this age," he said. In his presentation, he highlighted the tools we can use in each topic to create a presentation. PPTs are all made but to make the students understand more, in that presentation we have to pay attention to how we can show maximum information through pictures. There are many software applications online in which we can easily make such a presentation more beautiful and easy.

He explained how we can convey information to students in a simple and efficient way by showing different slides where we can put information in some presentations, images in others and even different development stages. She guided the students about the Google Word file in very simple and easy words. Teachers can tell students how to create their own notes in a Google Word file and then pass them on to their friends at home. This means you don't have to exchange your papers or notes."Everything is possible at home," he said. During this time almost all the students have gone digital but even in that digital students need to be fully proficient. There are so many features that students can't use because they don't know them. Therefore, it is very important to study each feature properly and understand it. That's what he said.

On the occasion of the closing ceremony, Hon. Dr. Lata More, Dr. Preeti Agarwal, Prof. Mrs. Daivata Patil, Dr. Neetu Joshi, Dr. Madhuri Sadgir, Principal Dr. Ashok Khairnar was attended by all the teaching and non-teaching staff and students from various universities and the state. Concluding Prof.Dr.Lata More explained how we can develop our personality through very small things.



The most important thing for personality development is self control. We have to have control over ourselves. "We need to think about what we are doing and why we are doing it," he said. If it suits your intellect rather than doing what someone told you to do, then it must be done. No situation is ever the same. Sometimes it will change.

It is very important to adapt to the changing situation. He said that one should always be active and enterprising rather than just sit still, it motivates a person to do something new, because his mind is involved somewhere, so he never has negative thoughts in his mind and he is always thinking positive.

Your emotions are very important in any work in any field. First of all you have to be able to set your own goal and to reach that goal you have to be able to turn your emotions there. Once the emotions have turned to your goal, the person works in that direction. You have to be optimistic while doing any work. When doing any work, it is more important to think of the social interest than one's own. You have to be prepared to do it. It is important to motivate yourself to reach your goal. By motivating yourself, you should strive to reach your goal. Only then will we reach our goal. In reaching this point, your attitude should be positive, so if the attitude is positive, then all the work you are doing is completed in a positive way. You need more than luck to succeed in affiliate business. You need more than luck to succeed in affiliate business.

When we read good things, those good things automatically take root in our mind and we bring those things into our practice.

We should definitely do the things that we love, because it creates an atmosphere of happiness in our life. It automatically creates positivity around you and motivates you to work. We need to look at her from the perspective that everything in the house teaches us something. Everything, everything teaches us something,

all we need is our point of view. Madam sheds light on what every little thing in the room teaches you. Madam said that it can be done.

Respected Principal Dr. Ashok Khairnar, who presided over the closing ceremony, thanked all the speakers for their guidance throughout the day. He expressed his views on how deeply each speaker presented his thoughts in each area. Observation is a great tool for learning. Everyone can learn a lot from observation. A person's experience is his teacher. He is learning a lot from his experience.

He urged the students to learn a lot by observing what they do or see in their daily lives. The key to being happy is to follow the rules, he said. It is very important to discipline oneself. Students should develop their own personality by observing the small things and taking the positive side of it and using it to develop their personality. Many activities are implemented in the college. He emphasized that every activity contributes to the personality development of girls. He commended the students for their overwhelming response despite being from rural areas in today's webinar.

Concluding remarks were made by Prof. Dr. Preeti Agarwal, Prof. Dr. Lata More and keynote speaker Madhuri Sadgir as well as some students presented their feedback in their representative form and expressed the expectation that we should be included in it. On the occasion of closing ceremony, Dr. Priyanka Sulakhe, Coordinator of Webinar, expressed vote of thanks to inaugurate the program with Prof. Dr. Preeti Agarwal, Concluding Prof. Dr. Lata More and keynote speaker Mrs. Daivata Patil, Dr. Neetu Joshi. Dr. She also thanked Madhuri Sadgir, all the esteemed management board and the principal of the college for inspiring this initiative. The faculty also thanked all the faculty and staff present and those who graced the webinar with their overwhelming response,

### Yuwati Personality Development Workshop 2020-2021


thanked all the students from all the universities in the state and concluded the program with the national anthem.

Regarding the organization of the webinar, all the honorable management board and principal Dr. Ashok Khairnar Sir expressed their satisfaction. All the teaching and non teaching staff helped for this webinar.

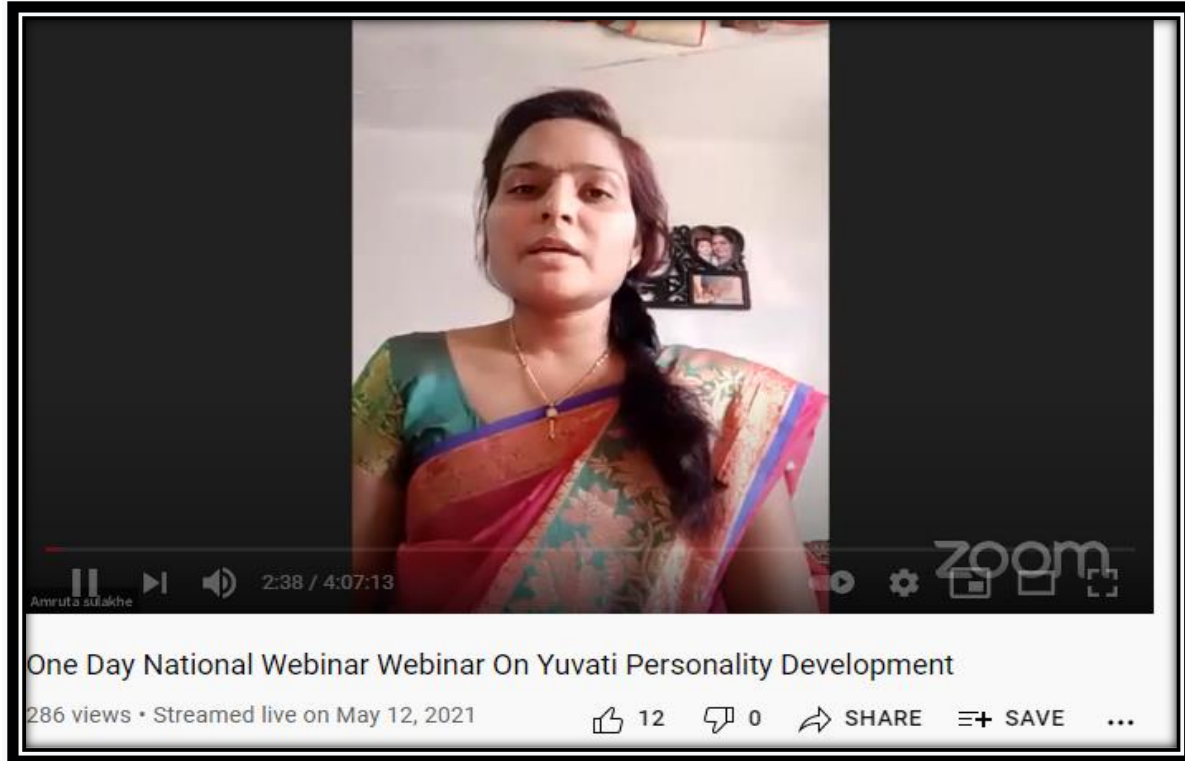
#### **Outcomes**

- Personality development in young women
- Leadership qualities develop in young women
- Confidence was created in young women
- Young women become aware of the political arena
- The girls got knowledge of technology.

  
Miss. Priyanka P. Sulakhe  
Coordinator

  
Dr. Ashok P. Khairnar  
**PRINCIPAL**  
Nijampur - Jaitane Shikshan Prasarak Mandatache  
Jagannath Kedwadas Shah Adarsh Mahavidyalay  
Nijampur - Jaitane Tal. Sakri Dist. Dhule

## Yuwati Personality Development Webinar 2020-2021

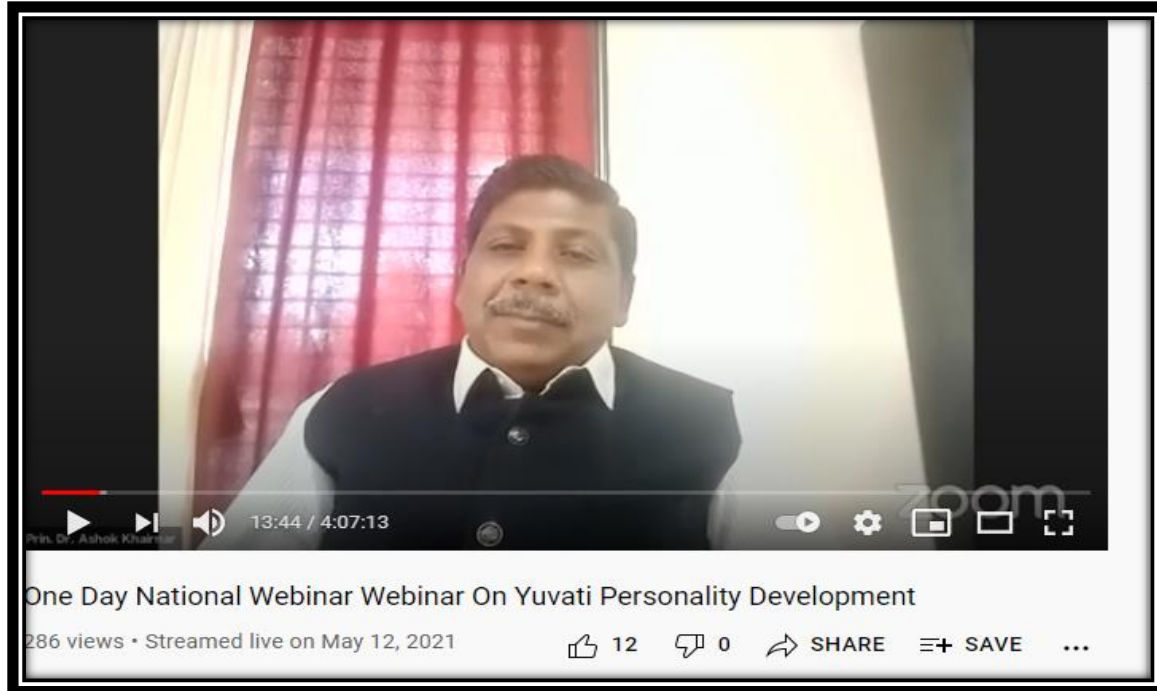


**Webinar Moderated by Dr. Priyanka P.Sulakhe**



**Hon.Prof.Dr.Priti Agrawal is delivering inaugural Speech**

## *Yuvati Personality Development Webinar 2020-2021*



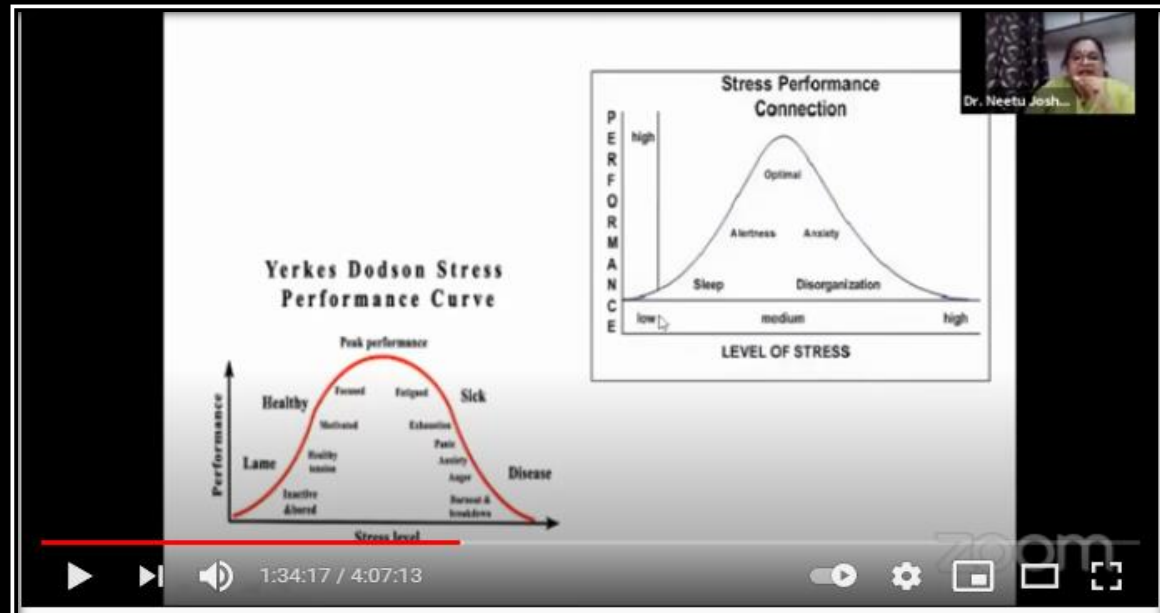
**Hon.Prin.Dr.A.P.Khairnar is delivering Introductory Note**



**Mrs.Daivta Patil is delivering Lecture on Self grooming in First Session**



## Yuwati Personality Development Webinar 2020-2021

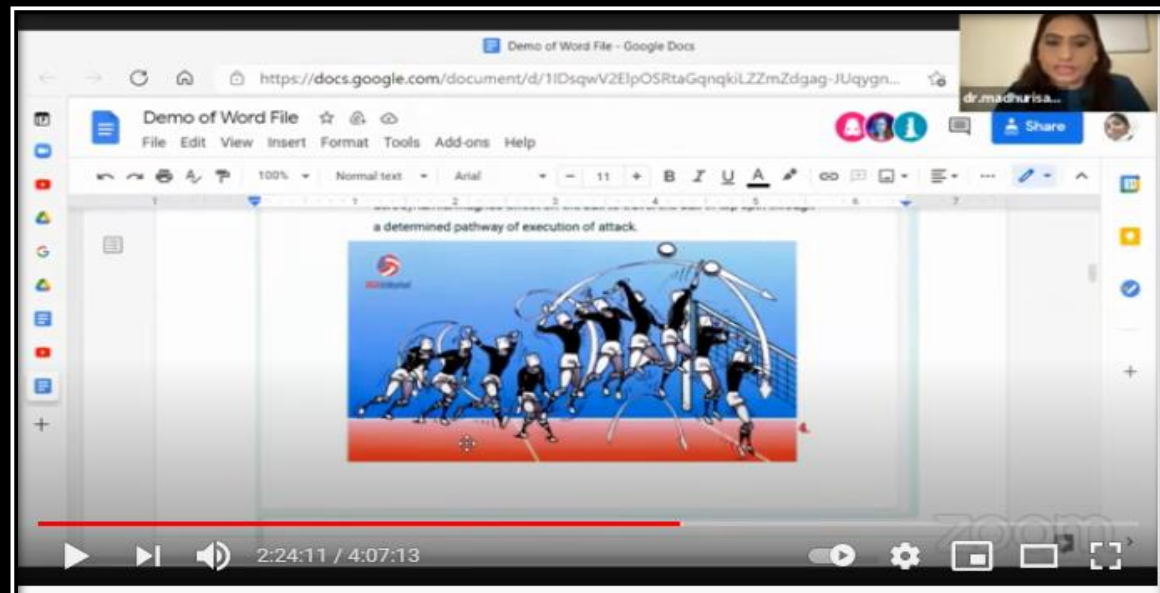


The screenshot shows a Zoom webinar interface. The main content area displays two graphs. The left graph is titled 'Yerkes Dodson Stress Performance Curve' and shows a bell-shaped curve with 'Performance' on the y-axis and 'Stress level' on the x-axis. The curve peaks at 'Peak performance' and is divided into 'Healthy' (Lame, Inactive, Aboard) and 'Sick' (Frustrated, Fatigued, Exhausted, Pain, Anxiety, Anger, Nervous & Irradiated) regions. The right graph is titled 'Stress Performance Connection' and shows a similar bell-shaped curve with 'PERFORMANCE' on the y-axis and 'LEVEL OF STRESS' on the x-axis. The curve peaks at 'Optimal' and is divided into 'Alertness' and 'Anxiety' regions, with 'Sleep' and 'Disorganization' labeled below the curve. The Zoom player shows a video duration of 1:34:17 / 4:07:13. The video title is 'One Day National Webinar Webinar On Yuwati Personality Development' and it has 286 views, streamed live on May 12, 2021.

One Day National Webinar Webinar On Yuwati Personality Development

286 views • Streamed live on May 12, 2021

**Hon.Dr.Nitu Joshi is delivering lecture in Second Session**

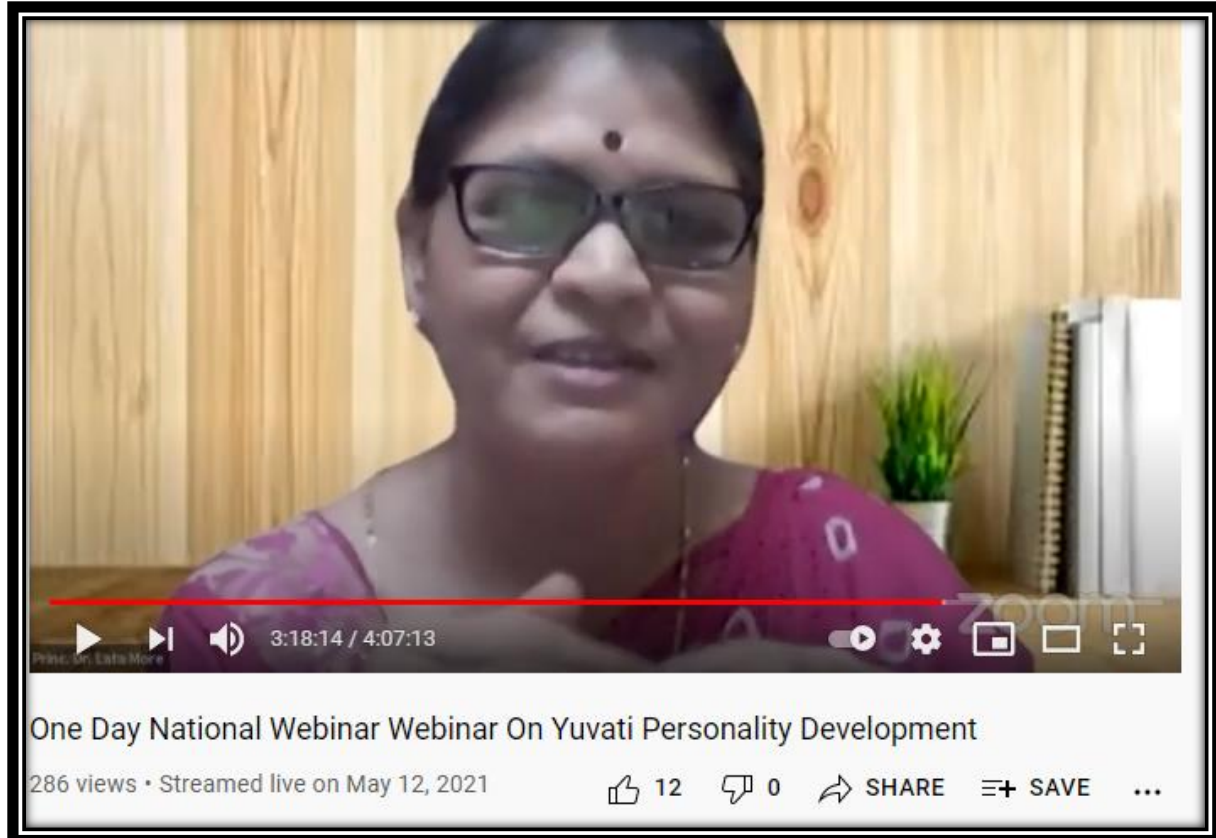


The screenshot shows a Zoom webinar interface. The main content area displays a Google Docs document titled 'Demo of Word File'. The document content includes the text 'a determined pathway of execution of attack.' and a diagram showing a group of athletes in action, possibly a team sport. The Zoom player shows a video duration of 2:24:11 / 4:07:13. The video title is 'One Day National Webinar Webinar On Yuwati Personality Development' and it has 286 views, streamed live on May 12, 2021.

One Day National Webinar Webinar On Yuwati Personality Development

286 views • Streamed live on May 12, 2021

**Hon.Dr.Madhuri Sadgir is delivering lecture in Third Session**



**Hon.Prin.Dr.Lata More is giving Valedictory Talk**

**College YouTube Link –**

<https://youtu.be/OGmJv-PtPIA>

## Sample Certificate

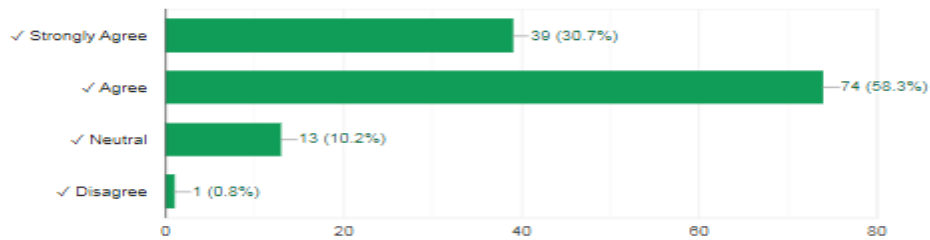


# Feedback Analysis

Objectives of the webinar were clearly stated

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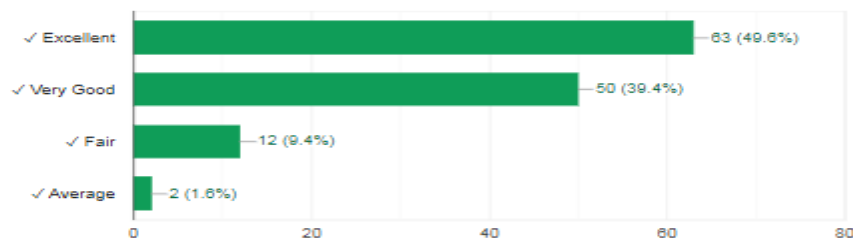
127 / 127 correct responses



The content of the webinar was meaningful and relevant to me

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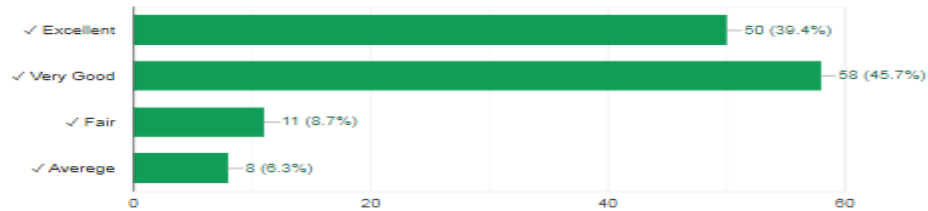
127 / 127 correct responses



The resource persons were clear, effective and stimulating

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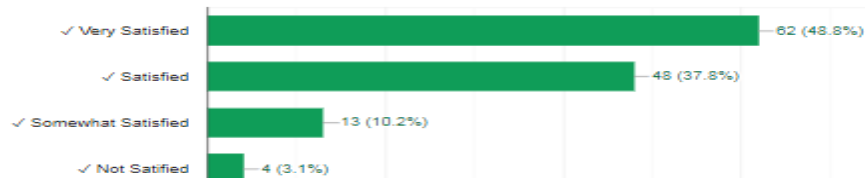
127 / 127 correct responses



What is your level of satisfaction for the webinar?

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127 / 127 correct responses



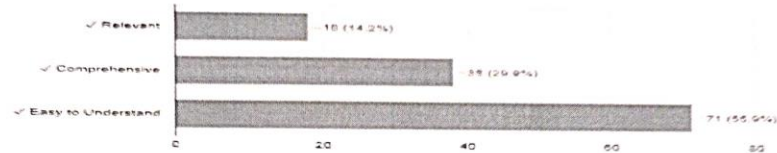
# Yuwati Personality Development Webinar 2020-2021

## Yuwati Personality Development Workshop 2020-2021

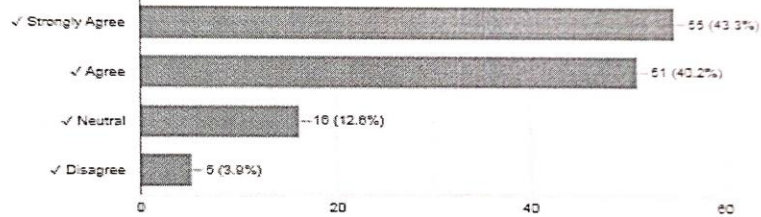
Which electronic tool you used to access the webinar?  
127 / 127 correct responses



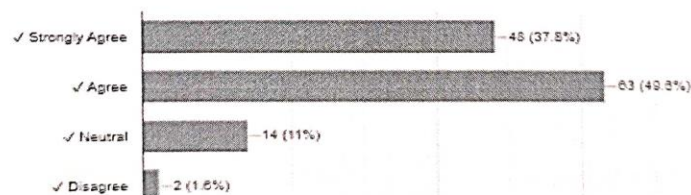
How were the topics of resource persons in webinar?  
127 / 127 correct responses

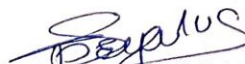



Resource Persons were well prepared for their presentation  
127 / 127 correct responses



Participation was encouraged through the webinar  
127 / 127 correct responses



  
Miss. Priyanka P. Sulakhe  
Coordinator

  
Dr. Ashok P. Khairnar  
PRINCIPAL

Nijampur - Jaitane Shikshan Prasarak Mandalache  
Jagannath Kadwadas Shah Adarsh Mahavidyalay  
Nijampur - Jaitane Tal. Sakin Dist. Dhule

N.J.S.P.Mandal's, Jagannath Kadwadas Shah Adarsh College, Nijampur-Jaitane

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