

Azadi ka Amrit Mahotsav

Government of India
Ministry of Youth Affairs and Sports
And
Nijampur-Jaitane Shikshan Prasark Mandal's
Jagannath Kadwadas Shah Adarsh College
Nijampur-Jaitane, Tal-Sakri, Dist. – Dhule
NAAC Reaccredited

Celebration of 75 Years of India's Independence
Azadi ka Amrit Mahotsav
Let us sing the National Anthem



15 August 2021

Azadi ka Amrit Mahotsav

Azadi ka Amrit Mahotsav

Let us sing the National Anthem

Objectives

- To commemorate the 75th Independence Day of India.
- To create a sense of pride and unity in the students.
- To celebrate 'Azadi Ka Amritmahotsav'.

According to a circular issued by the Government of India, Ministry of Youth Programs and Sports, University Grants Commission, on behalf of Jagannath Kadwadas Shah Adarsh College of Nizampur-Jaitane Shikshan Prasarak Mandal and Department of Physical Education, Prime Minister Narendra Modi Various programs were organized under Amrut Mahotsav.

The initiative was announced by Prime Minister Narendra Modi on July 25 in Mann Ki Baat as part of the 'Azadi Ka Amritmahotsav' program. The Ministry of Culture will try to get as many Indians as possible to sing the national anthem together. The website Rashtragan.in has been created for this. With the help of this website, people should sing and record their national anthem, and through that, join this campaign. Everyone should participate in this great work', was the appeal made by Prime Minister Narendra Modi in 'Mann Baat'. 'Azadi Ka Amritmahotsav' is being celebrated across the country to commemorate the 75th Independence Day of India. Many different events are being organized for the citizens to participate in this festival. The Ministry of Culture has organized a similar program on Independence Day this year with the aim of instilling a sense of pride and unity among Indians all over the world. The idea behind this is that people should sing the national anthem and upload their video on the website www.RASHTRAGAAN.IN. The collection of national anthems sung by many was broadcast live on 15 August 2021.

Nijampur- Jaitane Shikshan Prasarak Mandalache Jagannath Kadwadas Shah Adarsh Mahavidyalaya ,Nizampur-Jaitane on 15th August 2021, by visiting the link rashtragan.in, 17

Azadi ka Amrit Mahotsav

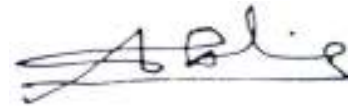
students of the college, Principal Dr. Ashok P. Khairnar, All the teaching and non teaching staff registered their participation. Uploaded the video of singing the national anthem following the procedure given by going to the online link. Each participant was given a certificate from the Government of India. Performed by Dr. Priyanka Sulakhe. The program was guided by Dr. Ashok Khairnar.

Outcomes

- 75 India's 75th Independence Day was commemorated.
- Helped to instill a sense of pride and unity in the students.
- 'Azadi Ka Amrit mahotsav' was celebrated.



Dr. Priyanka Sulakhe
Coordinator



Dr. Ashok P. Khairnar
Principal

Azadi ka Amrit Mahotsav



Azadi ka Amrit Mahotsav



Azadi ka Amrit Mahotsav



श्री. राजनीश जैन
सचिव
Prof. Rajnish Jain
Secretary



विश्वविद्यालय अनुदान आयोग
University Grants Commission

(शिक्षा विभाग, भारत सरकार)
(Ministry of Education, Govt. of India)
बहादुरशाह जफर मार्ग, नई दिल्ली-110002
Bahadur Shah Zafar Marg, New Delhi-110002
Ph : 011-23236288/23239337
Fax : 011-2323 8858
E-mail : ugcugr@nic.in

D.O.No.F14-4/2021(CPP-II)

8th August, 2021

Subject: Rendering of the National Anthem of India

Respected Madam/Sir,

This has reference to the letter D.O.No. 11018/6/2021-EBSB dated 5th August, 2021 of the Secretary (HE), Government of India, Ministry of Education. As you are aware, the celebration for "Azadi ka Amrit Mahotsav" have commenced with active participation of all stakeholders. One of the events relates to the rendering of the National Anthem of India by everyone.

The students may contribute their individual rendering of the National Anthem of India at <https://rashtragaan.in>. A compilation of the uploaded videos of the National Anthem will be shown live on 15th August, 2021.

All the HEIs are requested for active cooperation for the celebration of "Azadi ka Amrit Mahotsav". Also, a running band/ticker "Contribute your rendering of the National Anthem of India at <https://rashtragaan.in>" may be included in all websites of the University. This may also be brought to the notice of Colleges/Institutions affiliated to your University.

With kind regards,

Yours sincerely,

(Rajnish Jain)

To

The Vice-Chancellors of All Universities

The Principals of All Colleges

Azadi ka Amrit Mahotsav

Attendance

Let us sing the National Anthem

अ.क्र.	नाव
1	Dr. Ashok P. Khairnar
2	Naik Prajakta Chandrakant
3	Sonawane Tejas Kailas
4	Sonawane Neha Kailas
5	Pavara Keshav Jurdar
6	GosaviAarti Baliram
7	Bagul Rakesh Bharat
8	Pavara dared
9	Maranar Praveen Tahanu
10	Waghmode Satish Sonu
11	Khairnar Ankush Dasharath
12	Jadhav Satish Jibhau
13	Prof. Kulkarni Yashwant Raghunath
14	Prof. Garud Pranav Gangadhar
15	Dr. More Praveen Baburao
16	Dr. Sulakhe Priyanka Prakash
17	Jain Saiyam Sagar

Azadi ka Amrit Mahotsav

Certificate



Azadi ka Amrit Mahotsav

Government of India
Ministry of Youth Affairs and Sports
And
Nijampur-Jaitane Shikshan Prasark Mandal's
Jagannath Kadwadas Shah Adarsh College
Nijampur-Jaitane, Tal-Sakri, Dist. – Dhule
NAAC Reaccredited

Celebration of 75 Years of India's Independence
Azadi ka Amrit Mahotsav
Fitness ka Dose Aadha Ghanta Raz
(Virtual Run)



23 August 2021 to 31 August 2021

Azadi ka Amrit Mahotsav

Fitness ka Dose Aadha Ghanta Roz

Fitness ka Dose Aadha Ghanta Roz Virtual Running was organized by Jagannath Kadwadas Shah Adarsh College, Nijampur-Jaitane from 23rd August 2021 to 31st August 2021 through the Department of Physical Education. The **Fitness Ka Dos Aadhar Ghanta Roz** campaign was launched by Prime Minister Modi earlier this year."WHO appreciates India's initiative to promote physical activity through its Fitness Ka Dose Half Hour Daily campaign." Hon'ble Prime Minister Narendra Modi launched the 'Fit India' movement on the occasion of National Sports Day. At this time, he appealed to the people of the country that the Fit India movement should become a people's movement. The Prime Minister also said that he was getting depressed about his fitness."Fitness is the need of the hour and we have taken a step towards a healthier India through the Fit India movement," Modi said. Fitness is an integral part of our lives. As time goes on, there is a depression in our society about fitness. But fitness needs to be celebrated as a festival. '

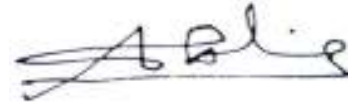
Commenting on those who use technology for fitness, the Prime Minister said, "Nowadays we walk less, we count more". Technology today tells us how many steps we have taken. Steps are being counted by mobile. Some people are so busy that they do not even have time to pay attention to their health. So, some people are discussing dieting after eating a lot.He pointed to people's indifference to exercise, saying that some people start a gym at home but keep servants to clean it.Prime Minister Modi further said in his speech that, 'Diabetes, high blood pressure are lifestyle related diseases. These diseases are caused due to wrong lifestyle. If the lifestyle is right, diseases will not occur. Lifestyle changes will also eliminate diseases. The name of this change is 'Fit India Movement'. This change is happening not only in India, but in the whole world. '

College students were registered online for freedom run 2.0 on the Government of India's website. Each student was asked to run at least 1 km daily and send his / her photo to the college. In this, 19 students will register their participation. These daily running photos of the students were uploaded daily on the Government of India's website.Each participant was given a certificate from the Government of India. The program was guided by Dr. Ashok Khairnar. The program was organized by Dr. Priyanka Sulakhe, Director of Education.

Azadi ka Amrit Mahotsav



Dr. Priyanka Sulakhe
Coordinator



Dr. Ashok P. Khairnar
Principal



Azadi ka Amrit Mahotsav



Azadi ka Amrit Mahotsav

 सर्व शिक्षा अभियान प्रो. राजनीश जैन सचिव Prof. Rajnish Jain Secretary	 भारत 2021	विश्वविद्यालय अनुदान आयोग University Grants Commission (विश्व शिक्षण, भारत सरकार) Ministry of Education, Govt. of India बहादुर शाह जहाँ मार्ग, नई दिल्ली-110002 Bahadur Shah Zafar Marg, New Delhi-110002 Ph.: 011-23236288/23236337 Fax: 011-2323 8858 E-mail: secyugc@ugc.in
D.O. No.F.1-54/2019(Website/Fit India)		8 th August, 2021
Subject: "Resolves@75" - Fit India Freedom Run 2.0		
Respected Madam/ Sir,		
As a part of the celebration of 75 years of India's Independence, "Azadi Ka Amrit Mahotsav" has commenced with active participation of all stakeholders. In this regard, with reference to Secretary, Higher Education, Ministry of Education's letter DO No 11018/6/2021-EBSB dated 5th August, 2021 on the above mentioned subject to commemorate the occasion, "Resolves@75", Fit India Mission has conceptualized Fit India Freedom Run 2.0.		
The nationwide virtual launch of Fit India Freedom Run 2.0 by Hon'ble Minister of Youth Affairs & Sports, Shri Anurag Singh Thakur and Hon'ble Minister of State, Youth Affairs & Sports, Shri Nishit Pramanik will be held on 13th August, 2021 with the aim to make a call by all citizens to include physical activity of at least 30 minutes daily in their lives i.e. FITNESS KI DOSE AADHA GHANTA ROZ . A concept note on "Fit India Freedom Run" is enclosed in this regard.		
The Ministry of Youth Affairs & Sports (MYAS) will also organise 750 events across India and conduct physical/virtual Freedom Run events. Aligning with this vision, Higher Educational Institution (HEIs) are requested to encourage the students and faculty members to actively participate in these events, and promote on Social Media Channels with #AzadiKaAmritMahotsav and #RunIndia.		
You are requested to kindly share details of participation in these events on the University Activity Portal of UGC at www.ugc.ac.in/ump .		
With kind regards,		
		Yours sincerely,  (Rajnish Jain)
Each: as above		
To The Vice Chancellors of All Universities The Principals of All Colleges		

Azadi ka Amrit Mahotsav

FIT INDIA FREEDOM RUN 2.0

Fit India Freedom Run was conceived last year when the entire nation started following social distancing in a 'new normal' lifestyle, so as to keep the imperative need of fitness active even while following the social distancing norms, Fit India Freedom Run was launched on the concept of virtual run i.e. 'it can be run anywhere, anytime! You run a route of your choice, at a time that suits you. Basically, you run your own race and time your own pace'.

The first edition of the campaign was held from 15th August to 2nd October, 2020. Individual Participants/Organisers registered their Runs on Fit India portal (fitindia.gov.in) and the organisers were obliged to provide the data regarding number of participants and cumulative kms covered. The Central/State Departments and organizations including Armed Forces, NGOs, Private Organizations, Schools, Individuals, Youth Clubs, etc. actively participated in the campaign and it reached to more than 30 crore people on social media. More than 5 crore people participated and covered around 18 crore kms Run.

Azadi Ka Amrit Mahotsav – Freedom Run 2.0

This year against the back drop of one of the pillars of Azadi ka Amrit Mahotsav, "Resolves@75". Fit India Mission has conceptualised Fit India Freedom Run 2.0 to commemorate this occasion the 75th Independence Day.

Our citizens will be given a call to make a resolve to include physical activity of at least 30 min daily in their lives i.e. FITNESS KI DOSE AADHIA GHANTA ROZ. The key features of Fit India Freedom run 2.0 are as follows: -

- Nationwide Virtual launch by Hon'ble Minister of Youth Affairs & Sports, Sh. Anurag Singh Thakur and Hon'ble Minister of State, Youth Affairs & Sports, Sh. Nishu Pramanik on 13th August 2021.
- Physical & Virtual Events all across the country.
- Campaign will culminate on Gandhi Jayanti -2nd October 2021.
- 75 physical events at iconic locations on launch day.
- Cultural events themed on Azadi Ka Amrit Mahotsav.
- Physical events by NYKS at 750 locations during the campaign following the COVID-19 protocols.
- To be Covered by DD and other media

Expectations from State/UTs Governments, Ministries/Departments & Organisations

- Appoint one Nodal officer for coordination with Fit India Mission and forward the details at contact@fitindia.gov.in
- Encourage participation in the 750 events across India organized by Ministry of Youth Affairs & Sports (MYAS).
- States/Ministries/Organizations to conduct physical / virtual Freedom Run events
- Ensure pre-event promotion of the event from 10th August 2021 onwards.
- Organize events on launch day i.e 13th August 2021 at iconic and historically important places in the State/UTs to be attended by People's representatives/Celebrities/Athletes/Iconic Personalities/Social Media Influencers, etc.
- Organizers to register their RUN on Fit India portal with details of participants and kms covered
- Promote Freedom Run on their social media channels with #AzadiKaAmritMahotsav and #Run4India.
- Adequate publicity for the program through Social Media, Regional TV/Newspaper, etc.
- Ensure participation at Panchayati/Municipality level, Schools/Colleges, Youth Clubs, Self-help Groups, etc.
- Ensure the momentum of the campaign from 13th August 2021 to 2nd October 2021.

Azadi ka Amrit Mahotsav

Attendance

Fitness ka Dose Aadha Ghanta Roz (Virtual Run)

अ.क्र.	नाव
1	Dr. Priyanka P. Sulakhe
2	Bagul Rakesh Bharat
3	Gangurde Chandrakant Tarachand
4	Gavit Ajay Kautik
5	Jadhav Satish Jibhau
6	Khalane Ankush Dasharath
7	Ajay Dilip of Mal
8	Gardener Aarti Baliram
9	Naik Geeta Ranya
10	Pawar Vikesh Ramdas
11	Pavara dared
12	Pavara Jitendra Subhash
13	Pavara Keshav Jurdar
14	Tadvi Vidya Rama
15	Vasave Kapila Datkya
16	Vasave Lakshmi Vansing
17	Subtract the fat melody
18	Wagh Rohidas

Azadi ka Amrit Mahotsav

Certificate



Azadi ka Amrit Mahotsav

Government of India
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Nijampur-Jaitane Shikshan Prasark Mandal's
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Nijampur-Jaitane, Tal-Sakri, Dist. – Dhule
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Celebration of 75 Years of India's Independence
Azadi ka Amrit Mahotsav
Fit India Movement
Freedom Run



04 September 2021

Dr.Priyanka P.Sulakhe
Coordinator

Dr.Ashok P.Khairnar
Principal

Fit India Movement

Freedom Run

The 'Fit India Freedom Run' will start on August 13 as part of the 'Azadi Ka Amrut Mahotsav' program. Under the concept of Ministry of Youth Welfare and Sports, weekly programs will be organized in 75 districts and 75 villages in each district till October 2, 2021. In a month and a half, these programs will be held in a total of 744 districts. Union Youth Welfare and Sports Minister Anurag Thakur will inaugurate the nationwide program.

Organizations like Border Security Force, Central Industrial Security Force, Railways, Indo-Tibetan Border Police, National Security Force, Nehru Youth Center will participate in the event through a visual system away from historical and important places in the country. In his message to the people, the Minister of Youth Welfare and Sports said that a healthy and healthy India would be a strong India.

The aim of the initiative is to encourage people to participate in fitness activities such as running and sports in their daily lives, as well as to get rid of obesity, laziness, stress, anxiety and illness. Through the "Fitness Key Dose Half an Hour Daily" campaign, citizens are being urged to commit to at least 30 minutes of physical exercise daily.

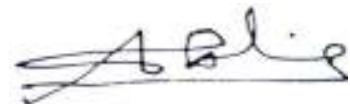
Nizampur-Jaitane Shikshan Prasarak Mandalache, Jagannath Kadwadas Shah Adarsh Mahavidyalaya , Nizampur-Jaitane of had organized a 100 m running competition under Fit India Movement on 04 September 2021. The principal of the college Dr. Ashok Khairnar, all the professors and non-professors staff and students participated in this competition.

Azadi ka Amrit Mahotsav

The competition was organized on Vaskhedi Road at 9.00 am. The competition was conducted by Principal Dr. Ashok Khairnar with a green flag. The program was guided by Dr. Ashok Khairnar. This competition was organized by Dr. Priyanka Sulakhe.



Dr. Priyanka Sulakhe
Coordinator



Dr. Ashok P. Khairnar
Principal



Hon.Prin.Dr.A.P.Khairnar is addressing students

Azadi ka Amrit Mahotsav



Principal Dr. Ashok P. Khairnar showing the flag at the inauguration of Freedom Run program under Fit India



Principal, Teaching and non-teaching staff participating in the Freedom Run under Fit India

Azadi ka Amrit Mahotsav



Students participating in the Freedom Run under Fit India



Azadi ka Amrit Mahotsav



You Tube Link - <https://youtu.be/sDrodAVVI1U>

Azadi ka Amrit Mahotsav

 <p>सर्वोच्च शिक्षण आयोग Prof. Rajnish Jain Secretary</p>	 <p>सत्यमेव जयते</p>	<p>विश्वविद्यालय अनुदान आयोग University Grants Commission (विश्व शिक्षण, भारत सरकार) (Ministry of Education, Govt. of India) बहादुर शाह जहाँ मार्ग, नई दिल्ली-110002 Behadur Shah Zafar Marg, New Delhi-110002 Ph.: 011-23236288/23239337 Fax: 011-2323 8838 E-mail: ugc@ugc.ac.in</p>
D.O. No.F.1-54/2019(Website/Fit India)		8 th August, 2021
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Azadi ka Amrit Mahotsav

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Azadi ka Amrit Mahotsav

Attendance

Fit India Freedom Run


04/09/2021


<u>Attendance</u> Fit India Freedom Run 04/09/2021		
अ.क्र.	नाम	सही
1.	Paio. Dr. Ashok - P. Ichernagar	
2.	Dr. Priyanka P. Sulekh	
3.	शेखरजी नंदी केलास	
4.	जगदल्ले मरू विजय	
5.	लीलादे वरंजय	
6.	Gavit Ajay Kautik	
7.	लीलादे नंदी केलास	
8.	भवार दिपेश सुवराज	
9.	Jadhav Rashani	
10.	Jadhav (Dipak) Ralendra	
11.	Chandekar Chandekar Jadhav	
12.	शेखरजी नंदी केलास	
13.	Malhe Ajay Billip	
14.	शेखरजी नंदी केलास	
15.	Sonawane Ashwini Babob	
16.	Shelar Jaya	

Azadi ka Amrit Mahotsav

Fit andhra Pradesh (K)

17.	Byju Reddy Bhattar	Bhattar
18.	Prabhakar Shanti Anandkumar	Anandkumar
19.	Appanna Ravi Ingle	Ingle
20.	Vilas Prasad Bhattar	Bhattar
21.	Krishna Manoj Sule	Sule
22.	Rajendra Gokul Mohane	Mohane
23.	Khushbu Ashok Bhandaryani	Bhandaryani
24.	Rahnuma Farid Khan	Khan
25.	Jayshri Sathish Gavate	Gavate
26.	Prabhat Sandip Raju	Raju
27.	Prabhat Sandip Raju	Raju
28.	Prabhat Vikash Ramdas	Ramdas
29.	Wagh Rohini Dargadu	Dargadu
30.	Dr. Sudhakar L. Jadhav	Jadhav
31.	Dr. Kavita D. Jangaraj	Jangaraj
32.	Dr. Pravin Baburao More	More
33.	Dr. Vijay S. Bhamare	Bhamare
34.	Mr. Atish S. Meshram	Meshram
35.	Pr. Pranav G. Gaud	Gaud
36.		


 Pratyaksha Sule
 coordinator


 PRINCIPAL
 J.K. Shah Adarsh College
 Nijampur, Telangana

Azadi ka Amrit Mahotsav

Certificate



भारत सरकार
युवा कल्याण आणि क्रीडा मंत्रालय
आणि
निजामपूर-जैताणे शिक्षण प्रसारक मंडळाचे
जगन्नाथ कडवादास शाह आदर्श महाविद्यालय
निजामपूर-जैताणे, ता.साक्री, जि.धुळे



आज़ादी का
अमृत महोत्सव

Fit India Movement Freedom Run

प्रमाणपत्र

असे प्रमाणित करण्यात येते की, कुमार / कुमारी -----
हिस भारत सरकार युवा कल्याण आणि क्रीडा मंत्रालय आणि नि.जै.शि.प्र.मंडळाचे जगन्नाथ
कडवादास शाह आदर्श महाविद्यालय, निजामपूर-जैताणे, ता.साक्री, जि.धुळे यांच्या संयुक्त
विद्यमाने दि.०४ सप्टेंबर २०२२ रोजी आयोजित फ्रीडम रन मध्ये सहभागाबद्दल प्रमाणपत्र देण्यात
येत आहे. अभिनंदन

 डॉ. प्रियंका सुलाखे समन्वयक	 डॉ.के.डी.सोनवणे विद्यार्थी विकास अधिकारी	 डॉ.अशोक पी.खैरनार प्राचार्य
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Azadi ka Amrit Mahotsav

Government of India
Ministry of Youth Affairs and Sports
And
Nijampur-Jaitane Shikshan Prasark Mandal's
Jagannath Kadwadas Shah Adarsh College
Nijampur-Jaitane, Tal-Sakri, Dist. – Dhule
NAAC Reaccredited

Celebration of 75 Years of India's Independence
Azadi ka Amrit Mahotsav
Honorable Prime Minister Narendraji Modi
Interacts with India's Tokyo Paralympics Contingents



17 August 2021

Dr.Priyanka P.Sulakhe
Coordinator

Dr.Ashok P.Khairnar
Principal

Honorable Prime Minister Narendraji Modi Interacts with India's Tokyo Paralympics Contingent

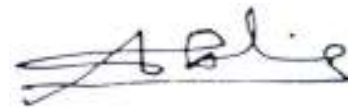
India has made historic strides in the Paralympics, including the Tokyo Olympics. In the Paralympics, India won a total of 19 medals, including five gold medals. This includes 8 silver medals and 8 bronze medals. This is India's best performance in the Paralympics so far. Prime Minister Narendra Modi on Thursday interacted with the Paralympic athletes after their return to India.

A video of this has been released on Sunday. After the actual meeting, Modi said that the para athletes have done a tremendous job in Tokyo. Every effort will be made to ensure that they continue to perform well. The whole country is with them. Prime Minister Narendra Modi interacted with a delegation from India's Tokyo Paralympics on August 17, 2021 through a virtual conference.

Visit <https://omelents.ncog.gov> to listen to Prime Minister Narendraji Modi's interaction with Tokyo Paralympic team through virtual conference on behalf of Jagannath Kadwadas Shah Adarsh College of Nizampur-Jaitane Shikshan Prasarak Mandal. in /. 11 students registered their participation.



Dr. Priyanka Sulakhe
Coordinator



Dr. Ashok P. Khairnar
Principal

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श्री. राजनीश जैन
सचिव
Prof. Rajnish Jain
Secretary



सत्यमेव जयते

विश्वविद्यालय अनुदान आयोग
University Grants Commission

(शिक्षा विभाग, भारत सरकार)
(Ministry of Education, Govt. of India)

बसन्तपुराज गज़र मार्ग, नई दिल्ली-110002
Basantpuraj Gajar Marg, New Delhi-110002
Ph. : 011-23236288/23239337
Fax : 011-2323 8838
E-mail : ugcugr@ugc.in

D.O.No.14-19/2021 (CPP-II)

16th August, 2021

Subject : Interaction of Hon'ble Prime Minister with Paralympics bound athletes on 17th August, 2021

Respected Madam/Sir,

Hon'ble Prime Minister will interact with Paralympics bound athletes on 17th August, 2021 at 11.00 A.M. to motivate them ahead of their participation in forthcoming Paralympics 2020, which would be held in Tokyo from 24th August to 5th September, 2021.

Hon'ble Prime Minister's interaction with athletes will be an open event. Link for registration for watching the event live has been created and the students can register on the link: <https://pnevents.ncog.gov.in/>.

You are requested to give wide publicity about the event scheduled for 17th August, 2021 and for online registrations for viewing the event on the above mentioned link by the students, faculty and other stakeholders. This may also be brought to the notice of the colleges/institutions, affiliated to your university.

With kind regards,

Yours sincerely,

(Rajnish Jain)

To,

The Vice Chancellors of All Universities
The Principals/ Directors of all Colleges / Institutes

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Attendance

Honorable Prime Minister Narendraji Modi Interacts with India's Tokyo Paralympics Contingent

अ.क्र.	नाव
1	Principal Dr. Ashok P. Khairnar
2	Dr. Priyanka P. Sulakhe
3	Pavara dared
4	Pavara Keshav Jurdar
5	Pavara Jitendra Subhash
6	Vasave Lakshmi Vansing
7	Khalane Ankush Dasharath
8	Tadvi Vidya Rama
9	Sonawane Neha Kailas
10	Sonawane Neha Satish
11	Dhangar Poonam
12	Gavit Ajay Kautik

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Certificate



भारत सरकार
युवा कल्याण आणि क्रीडा मंत्रालय
आणि
निजामपूर-जैताणे शिक्षण प्रसारक मंडळाचे
जगन्नाथ कडवादास शाह आदर्श महाविद्यालय
निजामपूर-जैताणे, ता.साक्री, जि.धुळे



75
आज़ादी का
अमृत महोत्सव

**Honorable Prime Minister Narendrajii Modi Interacts
with India's Tokyo Paralympics Contingent**

प्रमाणपत्र

असे प्रमाणित करण्यात येते की, कुमार / कुमारी -----हिस
भारत सरकार युवा कल्याण आणि क्रीडा मंत्रालय आणि नि.जै.शि.प्र.मंडळाचे जगन्नाथ कडवादास
शाह आदर्श महाविद्यालय, निजामपूर-जैताणे, ता.साक्री, जि.धुळे यांच्या संयुक्त विद्यमाने १७
ऑगस्ट २०२१ रोजी आयोजित माननीय पंतप्रधान नरेंद्रजी मोदी यांनी भारताच्या टोकियो
पॅरालिम्पिक दलाशी संवाद मध्ये सहभागाबद्दल प्रमाणपत्र देण्यात येत आहे. अभिनंदन



डॉ. प्रियंका सुलाखे
समन्वयक



डॉ.के.डी.सोनवणे
विद्यार्थी विकास अधिकारी



डॉ.अशोक पी.खैरनार
प्राचार्य

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Government of India
Ministry of Youth Affairs and Sports
and
Nijampur-Jaitane Shikshan Prasark Mandal's
Jagannath Kadwadas Shah Adarsh College
Nijampur-Jaitane, Tal-Sakri, Dist. – Dhule
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Celebration of 75 Years of India's Independence
Azadi ka Amrit Mahotsav
Poster Presentation on Fit India



07 January 2022

Dr.Priyanka P.Sulakhe
Coordinator

Dr.Ashok P.Khairnar
Principal

Poster Presentation Competition on Fit India

Nizampur-Jaitane Shikshan Prasarak Mandal Jagannath Kadwadas Shah Adarsh Mahavidyalaya Nizampur-Jaitane organized a poster presentation on the theme "Fit India" on 07/01/2022. A total of 13 students participated in the competition. Student Development Officer Dr. K.D Sonwane, Coordinator Dr. Priyanka Sulakhe etc. were present on the occasion. In front of the principal, each of the participating students performed according to their poster. After the presentation of the students, Principal Dr. Ashok P. Khairnar gave guidance on the Fit India movement. Also, sports have a unique significance in life. Also, the importance of fitness should be conveyed to all sections of the society by the students through various activities and programs. The Hon'ble Prime Minister launched the FIT INDIA movement on August 29, 2019 with the aim of making fitness an integral part of our daily lives.

- The movement's goal is to change behavior and move towards a more physically active lifestyle. To achieve this mission, Fit India organizes various activities and programs to achieve the following objectives.
- To promote fitness as easy, fun and free.
- Spread awareness about fitness and various physical activities through focused campaigns.
- Promoting indigenous sports.
- To spread fitness to every school, college / university, panchayat / village etc.

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- Creating a platform for citizens of India to share information, raise awareness and encourage sharing of personal fitness stories.

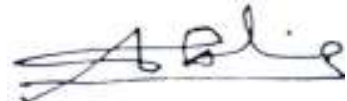
Prof. Namrata Bagle acted as the examiner for this competition. Principal Dr. Ashok P. Khairnar gave inspiration for this. The program was organized by Dr. Priyanka Sulakhe.

Result

- 1 - Jadhav Prajakta Mohan
- 2 - Dhangar Priyanka Gorakh
- 3 - Tiger Anita Ratan



Dr. Priyanka Sulakhe
Coordinator



Dr. Ashok P. Khairnar
Principal

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Ms. Dhanshree Khairnar presenting the poster in Fit India Poster Presentation Competition



Lakde Sandeep presenting a poster at the Fit India Poster Presentation Competition

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Suryawanshi Vinay presenting a poster at the Fit India Poster Presentation Competition



Khairnar Kirti presenting a poster at the Fit India Poster Presentation Competition

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Wagh Anita presenting a poster at the Fit India Poster Presentation Competition



Jadhav Prajkta presenting a poster at the Fit India Poster Presentation Competition

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आणि
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जगन्नाथ कडवादास शाह आदर्श महाविद्यालय
निजामपूर-जैताणे, ता.साक्री, जि.धुळे



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Poster Presentation on Fit India Movement

प्रमाणपत्र

असे प्रमाणित करण्यात येते की, कुमार / कुमारी -----
हिस भारत सरकार युवा कल्याण आणि क्रीडा मंत्रालय आणि नि.जै.शि.प्र.मंडळाचे जगन्नाथ
कडवादास शाह आदर्श महाविद्यालय, निजामपूर-जैताणे, ता.साक्री, जि.धुळे यांच्या संयुक्त
विद्यमाने दि.०७ जानेवारी २०२२ रोजी आयोजित पोस्टर प्रेसेटेशन मध्ये सहभागाबद्दल प्रमाणपत्र
देण्यात येत आहे. अभिनंदन

 डॉ. प्रियंका सुलाखे समन्वयक	 डॉ. क.डी. सोनवणे विद्यार्थी विकास अधिकारी	 डॉ. अशोक पी. खैरनार प्राचार्य
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Azadi ka Amrit Mahotsav

Government of India
Ministry of Youth Affairs and Sports
and
Nijampur-Jaitane Shikshan Prasark Mandal's
Jagannath Kadwadas Shah Adarsh College
Nijampur-Jaitane, Tal-Sakri, Dist. – Dhule
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Celebration of 75 Years of India's Independence
Azadi ka Amrit Mahotsav

75 Crore Suryanamskar



01 January 2022 to 21 January 2022

Dr.Priyanka P.Sulakhe
Coordinator

Dr.Ashok P.Khairnar
Principal

75 Crore Suryanamskar

On the occasion of the country's Amritmahotsavi Independence Day, it has been decided to wear 75 crore Suryanamaskar. A total of more than 30 lakh yoga enthusiasts, including students from around 30,000 schools across the country, will be participating in this historic event which will awaken national consciousness in the minds of students. Dr. Sanjay Malpani, National President of Geeta Parivar and Vice President of National Yogasana Sports Federation he appealed to the people to participate in this activity as a school, group or individual.

This initiative will start from 1st January next year and will continue till 7th February. With the full support of the Ministry of AYUSH and Sports of the Government of India, yoga lovers participating in this initiative will have to wear 13 sun salutations daily during the above period. Students will be able to participate in this activity through their school and by enrolling other yoga lovers in person. People around the world incorporated yoga into their lives and also embraced the mantra of staying healthy. Surya Namaskar is also a type of yoga posture. In this 10 parts of the body are used one after the other and in 12 steps 8 types of asanas are completed in sun salutation. Overall sun salutation is a very important yoga for the health of every organ of the body.

On the occasion of Makar Sankranti 2022 Date on Friday 14th January, the Ministry of AYUSH will organize a global sun salutation program for 75 lakh people worldwide. According to the Hindu calendar, Makar Sankranti is very important. On this

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day the sun enters the northern hemisphere. This causes the Northern Hemisphere to gradually increase in temperature. With the onset of winter, the weather became pleasant.

New buds begin to sprout on the trees, flowers begin to bloom in the gardens. That is, nature warmly welcomes the Sun God in the northern hemisphere. The occasion is celebrated to thank nature for providing happiness as well as health and wealth. Due to this, after several days of winter, the sun's rays start falling directly on the earth once again. Thanksgiving is upon us, which means the holiday season is in full swing. Sun salutation is done especially on this day. Because the sun nourishes all living things. The message of climate change and global warming will also be given at this time. Held on the occasion of Makar Sankranti, the event also highlights the importance of our Indian cultural and spiritual heritage.

Nizampur-Jaitane Shikshan Prasarak Mandal's Jagannath Kadwadas Shah Adarsh Mahavidyalaya and Physical Education Department of Nizampur-Jaitane had organized 13 sun salutations daily from 01 January 2022 to 21 January 2022. It was organized every morning from 8.00 am to 9.00 am. During the inauguration of the program, Principal Dr. Ashok P. Khairnar explained the importance of sun salutation and also said that yoga and sun salutation play an important role in maintaining one's physical and mental health. Director Dr. Priyanka Sulakhe explained about the position of sun salutation, ritual, proper timing and how it has a positive effect on the body and mind.

During the course, 13 sun salutations were performed on the supplementary exercises, pranayama and sun salutation mantra. The program was guided by the principal Dr. Ashok P. Khairnar.

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Principal Dr. Ashok P. Khairnar while guiding the inauguration ceremony of 75 crore Suryanamskar



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Dr.Priyanka P.Sulakhe while guiding the inauguration ceremony of 75 crore Suryanamskar



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एन-योगा स्पोर्ट्स फ़ेडरेशन

प्रो. रजनीश जैन
सचिव

Prof. Rajnish Jain
Secretary



सत्यमेव जयते

विश्वविद्यालय अनुदान आयोग
University Grants Commission

(विद्या भवन, भारत सरकार)
(Ministry of Education, Govt. of India)

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D.O.No.2-12/2021 (CPP-II)

December, 2021

23 DEC 2021

Subject: 75 Crore Surya Namaskar Project on Amritmahotsav Celebration, 75th Anniversary of Independence Day

Respected Madam/Sir,

National Yogasana Sports Federation (NYSF) is a federation recognized by Ministry of Youth Affairs & Sports, Govt. of India, to spread Yogasana as Sports and create awareness of health amongst youngsters of our country.

To commemorate the Amrit Mahotsav Celebration, 75th anniversary of Independence Day, the federation has decided to run a project of 750 million Surya Namaskar in 30 states, involving 30,000 institutes and 3 lakh students from 1st January 2022 to 7th February 2022 and performing musical Surya Namaskar in front of tricolour on 26th January 2022. The procedure to be followed to participate in the event is given at **Annexure-I**.

All the Higher Education Institutions and its affiliated Colleges/Institutions are requested to participate in the event from 1st January, 2022 to 7th February, 2022. The event may also be promoted by giving wide publicity, dissemination of the information about event through website, notice boards of universities/colleges and distribution of pamphlets in the campuses of the Higher Education Institutions.

With kind regards,

Yours sincerely,

(Rajnish Jain)

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Annexure-I

The following procedure followed in order to participate in the event, by individuals and collectively as an organization, respectively.

1. Log-in to the Surya Namaskar event website:
<https://www.75suryanamaskar.com/>
2. (a) Through self-explanatory steps, register your organization as a participating institute.

(b) An individual can similarly register individually.
3. Through an excel sheet, all the participants of your institute can be collectively registered for the event.
4. By each participant-individual or part of an organization, 12 poses of Surya Namaskar Yogasana must be performed – 13 times every day- for 21 days (any days) within the duration of 51 days, starting from 01-Jan-22 to 20-Feb-22.
5. (a) For an organization, a 1-minute video of collectively performing Surya Namaskar must be recorded daily by the organization. These videos can be shot offline or performed in a Facebook live session to create a digital footprint.

(b) For an individual, a 30-second video of performing Surya Namaskar must be recorded by participant from their phones.
6. (a) On a daily basis, a group photograph of the practicing group must be taken at any stage of the Asana by the organization, and kept in records.

(b) On a daily basis, a photograph of self must be taken at any stage of the Asana, and kept in records.

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75 Azadi Ka Amrit Mahotsav

Organized by

75 Prare Surya Namaskar Certificate

750 Million Suryanamaskar

Dr. Priyanka Sulakhe

has participated in the 750 Million Suryanamaskar challenge for 21 days organized on the auspicious occasion of the 75th anniversary of Independence of India - Azadi Ka Amrit Mahotsav.

Hon. Patrons

Daaji Global Guide, Heartfulness

Swami Ramdev President, Patanjali Yogpeeth

Swami Govind Dev Giri Founder, Geeta Parivar

Eika Boudierique Secretary

Chaitanya Keshyap Vice President

Dr. Jaideep Arya President, Event Committee

Udit Sheth Vice President

Dr. Sanjay Malpani Project Director

Central Organising Committee

www.75suryanamaskar.com