



Nijampur-Jaitane Shikshan Prasarak Mandal's
Adarsh College of Arts
Nijampur-Jaitane-424305, Tal-Sakri, Dist-Dhule
NAAC Reaccredited

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O/W.No.

Date: 31/03/2022

Best Practices of the institution

Academic Year 2016-17

Title of the First Best Practice: Empowerment of Girls and Women

1. Objectives

- To empower the girls through guidance, lectures and Personality Development Workshop.
- To make the girls competent in their life.
- To bring the hilly and tribal girls into the mainstream of education.
- To acquaint girls to quality education.
- To inculcate leadership qualities among the hilly and tribal girls.
- To develop Computer Literacy skills among the girls and women of hilly and tribal girls.

2. The Context

- The college is situated in hilly area. The girls come to college from hilly and tribal area. They do not get adequate facilities of education. They are not willing to complete education due to financial and social situation. They get married early and leave their higher education incomplete. These are the challenges for higher education of girls. The college organized women related and gender equity programme. The programmes mainly women empowerment, Save Girls Child, Beti Bachava Beti

Padhav Rally, health issues, Personality Development, self defense The college established 'Yuwati Sabha' to empower the girls. Women Development Cell organizes various activities to empower the girls. The planning of girls activities are systematically and effectively implemented throughout the academic year. To empower girls has become the mission of college. The colleges also aims at empowering rural, hilly and tribal women.

3. The Practice

- **Expert Lectures**

Empowerment of girls is done through lectures and different activities

- i. Gender Sensitization lecture for inculcating equality among girls and boys.
- ii. Hygiene awareness lectures are organized to make them health conscious.
- iii. Career guidance is arranged for girls. This lecture introduces various career options to them. It offers guidance on different examinations.
- iv. The lecture on 'Beti Bachhav Beti Padhav' is organized to create awareness about the importance of girl child. The birth rate of girls child is deteriorating tremendously. This lecture will help in increasing birth rate of girl child.
- v. The lecture on Computer Literacy is organized to know more about computer.

- **Workshop**

1. The college organized university level seminars on Yuwati Personality Development on 09 February, 2017
2. The college organized one day Protection of women from sexual harassment in the workplace (Prevention and Prohibition) Act 2013 on 27 February, 2017

- **Essay Competition, Debate and Elocution Competition**

Our students actively participated in essay, debate and elocution competition organized by other colleges affiliated to North Maharashtra University, Jalgaon

- **World Women Day**

World Women Day is celebrated every year. The lecture is organized of successful women to guide the girls about their rights and duties. It discusses equality between men and women.

- **Swayam Siddha Shibir**

Swayam Siddha Shibir is organized for girls of a week every year. It is Karate training to girls. It teaches different techniques of self protection. The Karate Master teaches them very scientifically. It removes the fear of insecurity of girls and empowers them physically. This training gives them confidence of moving around the World without fear.

Sr.No	Academic Year	Organized Shibir	Date & Place
1.	2016-2017	Swyamsidha Shibir for Empowering Girls(Karate Shibir)	15/02/2017 to 22/02/2017

- **Limitation**

The college does not have expert self-defence teachers. Thus the college overcomes the limitations and constraints.

4. Evidence of Success

Empowerment of Yuwati is the best activity of our college. The college has successfully conducted the activities of empowerment of Yuwati. The huge response is achieved by the college from society. This is social support for the activity. The activities are supported by society, institute and university. The college attempts for equality of women. Equal opportunity is given by college to girls in academic and extra-curricular activities. The report and activities are appreciated by the university and management.

The college participated this activity in the competition of ‘Jagar Janivancha’, The Government of Maharashtra was deeply impressed by the activity since the college is empowering hilly and tribal girl through various activities. The Government of Maharashtra gave the first District Level Prize of rupees One Lakh, Memento and Certificate to college.

5. Problems Encountered and Resources Required

The college imparts education in hilly area. The girls hesitate to continue their higher education. These girls are empowered through activities. Our North Maharashtra University, Jalgaon offers financial support to empower activities of our college.

Title of Second Best Practice: Skills Enhancement Programme

1. Objectives

- To improve communication skills of the students
- To develop written and oral communication skills
- To increase the self-confidence of the students
- To create soft skills among the students and teachers
- To develop the employability skills among the students

2. The Context

Principal and Teaching staff are responsible for inculcating the values and enhancement to the students. College organized planned activities and events; Scheduled of Skills enhancement programme is arranged and displayed on the notice board. Soft Skills enhancement activities strive to get maximum number of its students placed in various sectors. Job competition is increasing day-by-day among the youth in world wide. Medium Scale and Large Scale companies are available and make opportunities which have required various skills.

3. The Practice

- One Day university level workshop on Soft Skills, Communication Skills and Employability Skill on 04 February 2017
- Conducted Spoken English course between 01 August to 30 August 2016
- Presentation skills, Communication skills and Leadership skills are developed through the teaching-learning methods.
- Basic computer course is arranged to the students
- Soft Skills and Communication Skills are in syllabus and regular classes conducted by the teacher as per the scheduled time table.
- Presented Singing, dancing and drama skills by the students

4. Evidence of Success

- Improved presentation skills and communication skills
- Improved writing skills, reading skills and English speaking skills
- Effective use of Computer while Earn and Learn Scheme
- Feedbacks of Students

5. Problems Encountered

- Lack of confidence among the students who are belongs to rural and tribal areas
- Inadequate placement facility
- Lack of professional courses



A handwritten signature in blue ink, appearing to read "Dr. Ashok Pitambar Khairnar".

Dr. Ashok Pitambar Khairnar

Principal
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